

Redington Fairview General Hospital

Cafeteria Menu

March 11 – 17, 2019

<p style="text-align: center;">MONDAY</p> <p style="text-align: center;">Muffin of the Day Chocolate Chip Muffin (220)</p> <p>*Beef Pot Roast w/ Gravy (128) Chicken Alfredo</p> <p>*Mashed Potato (120) *Sliced Carrots (27)</p> <p>*Roasted Cauliflower & Broccoli *Waldorf Salad Pecan Pie (456) <i>Soup of the Day</i> Tomato Soup w/ Garden Vegetable (100) Vegetarian (GF)</p>	<p style="text-align: center;">TUESDAY</p> <p style="text-align: center;">Muffin of the Day Orange Cranberry Muffin (200)</p> <p>*Hot Pastrami on Rye Corn Chowder (210) w/ Biscuit Farm Wedge Potato (120) *Green Beans (35) Roasted Root Vegetables (80) Strawberry Salad (50) *Fruit & Yogurt Parfait (100) <i>Soup of the Day</i> Vegetarian Three Bean Chili (140) Vegetarian (GF)</p>	<p style="text-align: center;">WEDNESDAY</p> <p style="text-align: center;">Muffin of the day Blueberry Muffin (180)</p> <p>*Bourbon Chicken (210) Turkey Stuffed Peppers (225) *Garden Rice (120) *Green Peas (62) *California Mixed Vegetables (37) *Mary's Broccoli Slaw (90) Blueberry Cheese Cake <i>Soup of the Day</i> White Chicken Chili w/ Cilantro (270) (GF)</p>
<p style="text-align: center;">THURSDAY</p> <p style="text-align: center;">Muffin of the Day Morning Glory Muffin (174)</p> <p>Meatloaf (250) w/ Gravy (25) *Maple Dijon Salmon Filet (263) *Mashed Potato (120) *Peas & Carrots (30) *Brussel Sprouts (30) Wild Rice & Apricot Salad Chocolate Cake w/ Peanut Butter Frosting Lentil Soup (180) (Vegetarian)</p>	<p style="text-align: center;">FRIDAY</p> <p style="text-align: center;">Muffin of the Day Blueberry Coffee Cake (341)</p> <p>Seafood Casserole (365) *Assorted Quiche (335) (350) *Baby Baked Potatoes (130) *Green Beans *Normandy Mixed Veggies. (40) Fresh Fruit Salad * Tapioca Pudding (130) <i>Soup of the Day</i> Chicken Tortilla Soup (120) (GR)</p>	<p style="text-align: center;">SATURDAY</p> <p style="text-align: center;">Muffin of the Day Apple Strudel Muffin (250)</p> <p>*Apricot Chicken (210) Hot Meatball Subs. (450) *Sidewinders (130) *Wax Beans (27) *Green Peas (62) *Assorted Salad Assorted Desserts <i>Soup of the Day</i> White Bean Escarole Soup (150) Vegetarian (GF)</p>
<p style="text-align: center;">SUNDAY</p> <p style="text-align: center;">Muffin of the Day Pumpkin Muffins (190) Happy St. Patrick's Day</p> <p>Corned Beef (284) & Cabbage (50) Oven Fried Chicken (220) *Baby Bakers (120) *Baby Carrots (27) *Assorted Salads Assorted Desserts <i>Soup of the Day</i> Minestrone (80) Vegetarian</p>		<p style="text-align: center;"><i>All items subject to change without notice</i></p> <p>* Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the *</p> <p style="text-align: center; color: green;">GF = Gluten Free</p>