

# Redington-Fairview General Hospital

## Cafeteria Menu

### Monday, 06/11/2018

#### Muffin Of The Day

Corn Muffin (190)

#### Entrée/Sides

\*Oven Fried Chicken (200)

Baked Ziti (460)

\*Garlic Bread (120)

\*Mashed Potato (120)

\*Sliced Carrots (27)

Broccoli Florets (37)

#### Salad Bar Feature

Sunshine Salad

#### Dessert Of The Day

Butterscotch Cream Bar

#### Soup Of The Day

Smoked Gouda & Red Pepper Soup (310)

### Tuesday, 06/12/2018

#### Muffin Of The Day

Cranberry White Chocolate (210)

#### Entrée/Sides

London Broil (125)

Crab Cake w/ Remoulade Sauce (335)

\*Baby Baked Potato (120)

\*Green Beans (30)

\*Diced Beets (40)

#### Salad Bar Feature

Tzatziki Salad

#### Dessert Of The Day

Apple Crisp w/ Topping (200)

#### Soup Of The Day

Quinoa & Sweet Potato w/ Black Beans Soup (200)

### Wednesday, 06/13/2018

#### Muffin Of The Day

Pumpkin Muffin (190)

#### Entrée/Sides

\*Salsa Chicken (230)

Homemade Vegetable Strudel (315)

Maine Farm Wedges (130)

\*Was Beans (27)

\*Brussel Sprouts (30)

#### Salad Bar Feature

Cannellini Bean Mediterrean Salad

#### Dessert Of The Day

Pineapple Delight (200)

#### Soup Of The Day

Lentil Soup (200)

### Thursday, 06/14/2018

#### Muffin Of The Day

Blueberry Muffin (160)

#### Entrée/Sides

\*bourbon Turkey Medallions (200)

Black Bean & Pasta Bake (400)

\*Mashed Potato (120)

\* Spinach (32)

\*Squash (30)

#### Salad Bar Feature

\*Fresh Fruit salad (60)

#### Dessert Of The Day

Cherry Pie (310)

#### Soup Of The Day

\*Beef & Barley Vegetable Soup (110)

### Friday, 06/15/2018

#### Muffin Of The Day

Cinnamon Bun

#### Entrée/Sides

Seafood Casserole (365)

\*Grilled Hamburger on Bun (120)

Quinoa Vege. Burger on Bun (230)

\*Ranch Style Potato Tater Tots (130)

\*California Mixed Vegetables (37)

\*Green Peas (62)

#### Salad Bar Feature

Coleslaw (60)

#### Dessert Of The Day

Chocolate Brownies (180)

#### Soup Of The Day

Clam Chowder (330)

### Saturday, 06/16/2018

#### Muffin Of The Day

Butterscotch Muffin

#### Entrée/Sides

Barbecue Chicken (200)

Grilled Hot Dog (180)

Baked Beans (140)

\*Baby Baked Potatoes (130)

\*Corn (50)

Green Beans (30)

#### Salad Bar Feature

\*Assorted Salad

#### Dessert Of The Day

Assorted Desserts

#### Soup Of The Day

Hearty Vegetable Stew (70)

### Sunday, 06/17/2018

#### Muffin Of The Day

Pineapple Coffee Cake

#### Entrée/Sides

Sesame Ginger Salmon (263)

Dynamites (333)

#### Salad Bar Feature

Mashed Potato (120)

\*Sliced Carrots (27)

\*Broccoli Florets (30)

#### Dessert Of The Day

Assorted Desserts

#### Soup Of The Day

Chicken Tortilla Soup (120)

Cafeteria Opens for service at 6:00 A.M.

**If you have a food allergy, please inform your server.**

All items subject to change without notice.

Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the \*