


Redington Fairview General Hospital

Cafeteria Menu

May 7 - 13, 2018

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| <p style="text-align: center;">MONDAY</p> <p style="text-align: center;">Muffin of the Day Chocolate Chip Muffin (220)</p> <p>*Pot Roast (100) w/ Gravy (25) *Turkey Rotini Salad *Mashed Potato (120) *Baby Carrots (27) *Green Peas (62) Kale Salad Pumpkin Pie (230) <i>Soup of the Day</i> Vegetable Beef & Barley Soup (110)</p> | <p style="text-align: center;">TUESDAY</p> <p style="text-align: center;">Muffin of the Day Orange Cranberry Muffin (200)</p> <p>* Oven Fried Chicken (200) Shepherd's Pie *Baked Potato (120) *Leaf Spinach (32) *California Mixed Vegetables (37) *Broccoli Salad Lemon Lush Dessert <i>Soup of the Day</i> Lentil Soup (200)</p> | <p style="text-align: center;">WEDNESDAY</p> <p style="text-align: center;">Muffin of the day Blueberry Muffin (180)</p> <p>*London Broil (200) Assorted Ravioli * Fingerling Potatoes (120) *Squash (30) *Diced Beets (40) Apricot Almond Salad Blueberry Crisp w/ Topping <i>Soup of the Day</i> Chicken Fiesta Tequila Soup (320)</p> |
| <p style="text-align: center;">THURSDAY</p> <p style="text-align: center;">Muffin of the Day Morning Glory Muffin (174)</p> <p>Meatloaf w/ Gravy (250) Fish Chowder *Mashed Potato (120) Au gratin Cauliflower *Peas & Carrots (30) Tzatziki Salad (150) Peanut Butter Bar Soup of the Day Oven Roasted Vegetable Soup (180)</p> | <p style="text-align: center;">FRIDAY</p> <p style="text-align: center;">Muffin of the Day Blueberry Coffee Cake (341)</p> <p>*Chicken w/ Stuffed Broccoli & Cheese Steak Bomb Subs. (450) Sidewinders (130) *Normandy Style Veggies. (30) *Sliced Carrots (27) * Fresh Fruit Salad (210) Tapioca Pudding w/ topping (130) <i>Soup of the Day</i> Chicken Chili Soup</p> | <p style="text-align: center;">SATURDAY</p> <p style="text-align: center;">Muffin of the Day Apple Strudel Muffin (250)</p> <p>Macaroni & Cheese (315) Chicken Tenders (250) *Garden Rice (130) * Stewed Tomatoes *Green Peas (62) *Assorted Salad Assorted Desserts <i>Soup of the Day</i> Cream of Broccoli Soup (240)</p> |
| <p style="text-align: center;">SUNDAY</p> <p style="text-align: center;">Muffin of the Day Pumpkin Muffins (190) *Pork Roast (147) Stuffing (95) W/Gravy (25) *Maple Dijon Salmon (263) *Mashed Potatoes (120) *Sliced Beets ((40) *Caribbean (37) *Assorted Salads Assorted Desserts Soup of the Day Tomato Basil Soup (110)</p> |  | <p style="text-align: center;"><i>All items subject to change without notice</i></p> <p style="text-align: center;">* Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the *</p> |