

Redington- Fairview General Hospital

Cafeteria Menu

July 9, – July 15, 2018

<p>MONDAY Muffin of the Day Corn Muffin (190)</p> <p>*Buffalo Style Chicken (200) Spaghetti w/ Meat sauce (387) *Vegetable Sauce (287) Garlic Bread (130) *Baked Potato (120) *Broccoli Florets (37) *Sliced Carrots (27) Waldorf Salad Chocolate Tapioca (130) <i>Soup of the Day</i> Lentil Soup (200)</p>	<p>TUESDAY Muffin of the Day Sour Cream Banana Muffin w/ Oatmeal Streusel Topping</p> <p>Chicken Enchilada (324) *Pecan Salmon (263) Rice Pilaf (130) *Caribbean Style Vegetable (30) *Diced Beets (40) *Kale Slaw (60) Key Lime Pie (230) <i>Soup of the Day</i> Tomato & Garden Vegetable Soup (100)</p>	<p>WEDNESDAY Muffin of the day Pumpkin Muffin (190)</p> <p>*Barbeque Pork Ribs Turkey Rotini Salad *Mashed Potato (120) *Baby Carrots (27) *Brussel Sprouts (30) *Mandarin Orange Salad Pineapple Delight (200) <i>Soup of the Day</i> Cream of Broccoli Soup (250)</p>
<p>THURSDAY Muffin of the Day Blueberry Muffin (160)</p> <p>*Bourbon Turkey Medallions (225) Steak Bomb Subs. (450) *Sidewinders (130) *Green Peas (62) *Squash (50) Coleslaw Butterscotch Cream Bars <i>Soup of the Day</i> Grilled Chicken & Corn Chowder (260)</p>	<p>FRIDAY Muffin of the Day Cinnamon Bun</p> <p>*Santa Rosa Shrimp Beef Quesadilla Garden Rice *Corn (62) *California Mixed Vegetable (37) Fresh Fruit Salad Chocolate Brownies <i>Soup of the Day</i> Tomato Florentine(160)</p>	<p>SATURDAY Muffin of the Day Butterscotch Muffin</p> <p>*Breaded Chicken with Broccoli & Cheese Stuffing (320) Hamburger on a Bun (350) Baby Baked Potatoes (130) *Wax Beans (30) *Spinach (50) *Assorted Salad Assorted Desserts <i>Soup of the Day</i> Hearty Vegetable Stew (70)</p>
<p>SUNDAY Muffin of the Day Pineapple Coffee Cake</p> <p>American Chop Suey (400) *Baked Haddock w/Crumb Topping (160) *Mashed Potato (120) *Sliced Carrots (27) *Broccoli Spears (62) *Assorted Salads Assorted Desserts <i>Soup of the Day</i> Vegetable, Beef, & Barley Soup (110)</p>		<p>All items subject to change without notice</p> <p>* Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the *</p> <p>Please Note” *Calories are Provided next to Menu items</p>