


**Redington- Fairview General Hospital**  
**Cafeteria Menu**  
**Jan 8 - 14, 2018**

<p style="text-align: center;"><b>MONDAY</b></p> <p style="text-align: center;"><b>Muffin of the Day</b> Corn Muffin (190)</p> <p>Spaghetti w/ Meat Sauce (387)  Vegetable Sauce (283)  Garlic Bread (120)  Chicken Marsala (210)  Sweet Potato Puffs (130)  Broccoli Florets (37)  Sliced Beets (40)  Cabbage &amp; Apple Slaw  Chocolate Tapioca Pudding (270)  <i>Soup of the Day</i>  Cream of Broccoli Soup (240)</p>	<p style="text-align: center;"><b>TUESDAY</b></p> <p style="text-align: center;"><b>Muffin of the Day</b> Cranberry White Chocolate Muffin (210)</p> <p>*Potato Crusted Cod Filet (165)  Turkey Pot Pie (370)  Garden Rice (130)  * Brussel Sprouts (30)  Sliced Beets (40)  Kale Slaw  Apple Crisp w/ Topping (200)  <i>Soup of the Day</i>  Tomato Ravioli Soup (110)</p>	<p style="text-align: center;"><b>WEDNESDAY</b></p> <p style="text-align: center;"><b>Muffin of the day</b> Pumpkin Muffin (190)</p> <p>*Fajita Beef &amp; Veggies (125)  Turkey Rotini Salad (315)  *Mashed Potato (120)  *Caribbean Vegetables (30)  *Green Beans (30)  Tzatziki Salad  Pineapple Delight (200)  <i>Soup of the Day</i>  Lentil Soup (210)</p>
<p style="text-align: center;"><b>THURSDAY</b></p> <p style="text-align: center;"><b>Muffin of the Day</b> Blueberry Muffin (160)</p> <p>*Honey Mustard Turkey Medallions (100)  Burgundy Glazed Meatballs  *Wild Rice (120)  *California Mixed (27)  *Green Peas (50)  Pasta Salad  Cherry Pie (230)  <i>Soup of the Day</i>  White Bean &amp; Escarole Soup (250)</p>	<p style="text-align: center;"><b>FRIDAY</b></p> <p style="text-align: center;"><b>Muffin of the Day</b> Cinnamon Bun</p> <p>Corned Beef (284)  &amp; Cabbage (50)  *Breaded Chicken Breast (225)  *Baby Baked Potatoes (130)  *Diced Beets (40)  * Baby Carrots (35)  *Fresh Fruit Salad (60)  Chocolate Mousse (100)  <i>Soup of the Day</i>  Smoked Gouda &amp; Red Pepper Soup (320)</p>	<p style="text-align: center;"><b>SATURDAY</b></p> <p style="text-align: center;"><b>Muffin of the Day</b> <b>Butterscotch Muffin</b></p> <p>Beer Battered Haddock  *Baked Beans (200)  Grilled Hot Dogs  *Maine Potato Wedges (130)  *Green Beans (30)  *Corn (75)  *Assorted Salad  Assorted Desserts  <i>Soup of the Day</i>  *Hearty Vegetable Soup (70)</p>
<p style="text-align: center;"><b>SUNDAY</b></p> <p style="text-align: center;"><b>Muffin of the Day</b> Pineapple Coffee Cake</p> <p>Baked Haddock w/ Crumb Topping (175)  * Pulled Pork Sub. (450)  *Baked Potato (120)  *Lima Beans (37 )  *Broccoli Spears (62)  *Assorted Salads  Assorted Desserts  <i>Soup of the Day</i>  Veg. Beef &amp; Barley Soup (110)</p>		<p style="text-align: center;">All items subject to change without notice</p> <p style="text-align: center;">* Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the *</p> <p style="text-align: center;">Please Note" *Calories are Provided next to Menu items</p>