


**Redington- Fairview General Hospital**

**Cafeteria Menu**

**August 6 - 12, 2018**

<p align="center"><b>MONDAY</b> <b>Muffin of the Day</b> Corn Muffin (190)</p> <p>*Orange Ginger Chicken (225) Spaghetti w/ Meat sauce (387) *Vegetable Sauce (287) Garlic Bread (130) *Maine Farm Wedge Potato (120) *Broccoli Florets (37) *Diced Beets (40) * Cole Slaw (60) * Chocolate Tapioca (130) <i>Soup of the Day</i> Wicked Thia Style Chicken &amp; Rice Soup (200)</p>	<p align="center"><b>TUESDAY</b> <b>Muffin of the Day</b> Cranberry White Choc. Muffin (210)</p> <p>Fresh Dough Assorted Pizza (450) *Pesto Salmon (263) * Rice Pilaf (120) *Brussel Sprouts (30) *Baby Carrots (27) Spinach, Feta, &amp; Blueberry Salad Apple Crisp w/ Topping (200) <i>Soup of the Day</i> Cream Of Broccoli (250)</p>	<p align="center"><b>WEDNESDAY</b> <b>Muffin of the day</b> Pumpkin Muffin (190)</p> <p>Chicken Tortilla Lasagna Casserole (385) Pork Ribs w/ Sweet Baby Rays *Mashed Potato (120) *Waxed Beans (30) *California Mixed Veggies. (30) Quinoa Vegetable Salad Pineapple Delight (200) <i>Soup of the Day</i> Buffalo Chicken Soup (260)</p>
<p align="center"><b>THURSDAY</b> <b>Muffin of the Day</b> Blueberry Muffin (160)</p> <p>*Roast Turkey (100) Stuffing (95) &amp; Gravy (25) *Mashed Potato (120) *Sliced Carrots (27) *Green Peas (62) Tuna Macaroni Salad Apple Pie (270) <i>Soup of the Day</i> White Bean &amp; Escarole Soup (220)</p>	<p align="center"><b>FRIDAY</b> <b>Muffin of the Day</b> Cinnamon Bun</p> <p>*Scallop Fish *Baked Haddock w/ Crumb Topping (160) Meatball Subs. (450) * Baked Potato (120) *Green Beans (35) *Caribbean Vegetable (37) Fresh Fruit Salad Chocolate Mousse <i>Soup of the Day</i> Chicken Fiesta Tequila Soup (320)</p>	<p align="center"><b>SATURDAY</b> <b>Muffin of the Day</b> <b>Butterscotch Muffin</b></p> <p>*Oven Fried Chicken (200) Hamburger on a Bun (350) Sidewinders (130) *Green Beans (30) *Corn 50) *Assorted Salad Assorted Desserts <i>Soup of the Day</i> Hearty Vegetable Stew (70)</p>
<p align="center"><b>SUNDAY</b> <b>Muffin of the Day</b> Pineapple Coffee Cake</p> <p>Vegetable Lasagna (390) Haddock w/ Lemon Pepper (120) *Mashed Potato (120) *Sliced Carrots (27) *Broccoli Spears (62) *Assorted Salads Assorted Desserts <i>Soup of the Day</i> Roasted Chicken Noodle (110)</p>		<p>All items subject to change without notice</p> <p>* Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the *</p> <p>Please Note” *Calories are Provided next to Menu items</p>