

Redington- Fairview General Hospital
Cafeteria Menu
April 16 - 22, 2018

<p style="text-align: center;">MONDAY Muffin of the Day Corn Muffin (190)</p> <p>Spaghetti w/ Meat Sauce (387) *Vegetable Sauce (283) Garlic Bread (120) *Marsala Chicken (200) *Mashed Potato (120) *Broccoli Florets (37) *Diced Beets (40) *Maple Spinach Pecan Salad Chocolate Tapioca Pudding (270) <i>Soup of the Day</i> Roasted Vegetable Soup (180)</p>	<p style="text-align: center;">TUESDAY Muffin of the Day Cranberry White Choc. Muffin (210)</p> <p>Sesame Ginger Salmon (180) Assorted Fresh Dough Pizza (450) *Garden Rice (130) * Leaf Spinach (37) *Turnip (36) Sunshine Salad Apple Crisp w/ Topping (200) <i>Soup of the Day</i> Chipotle Sweet Potato Soup (140)</p>	<p style="text-align: center;">WEDNESDAY Muffin of the day Pumpkin Muffin (190)</p> <p>*Roast Pork (147) Stuffing (95) & Gravy (25) Homemade Corn Chowder (210) w/ Biscuit (95) *Mashed Potatoes (120) *California Mixed Vegetables (37) *Green Beans (30) Cole slaw Pineapple Delight (200) Soup of the Day Buffalo Chicken Soup (150)</p>
<p style="text-align: center;">THURSDAY Muffin of the Day Blueberry Muffin (160)</p> <p>*Bourbon Turkey (150) (2) Baked Manicotti (225) *Mashed Potato (120) *Baby Carrots (27) *Green Peas (50) Waldorf Salad Cherry Pie (220) <i>Soup of the Day</i> Three Bean Chili Soup (320)</p>	<p style="text-align: center;">FRIDAY Muffin of the Day Cinnamon Bun</p> <p>Scalloped Fish (250) *Baked Haddock (160) Hot Sausage Sub. w/ Grilled Veggies. (450) *Baby Baked Potatoes (130) *Brussel Sprouts (30) *Stewed Tomatoes 350) *Fresh Fruit Salad (60) Chocolate Mousse (100) <i>Soup of the Day</i> Black Bean Soup (212)</p>	<p style="text-align: center;">SATURDAY Muffin of the Day Butterscotch Muffin</p> <p>*Chicken Cordon Bleu (350) Grilled Cheese Sandwich (215) Sweet Potato Fries (130) *Green Beans (30) *Corn 50) *Assorted Salad Assorted Desserts <i>Soup of the Day</i> *Hearty Vegetable Soup (70)</p>
<p style="text-align: center;">SUNDAY Muffin of the Day Pineapple Coffee Cake</p> <p>Oven Fried Chicken (200) Ham & Asparagus Casserole (380) *Mashed Potato (120) *Sliced Carrots (27) *Broccoli Spears (62) *Assorted Salads Assorted Desserts <i>Soup of the Day</i> Roasted Gouda & Red Pepper Soup (310)</p>		<p>All items subject to change without notice</p> <p>* Nutrition Services will offer at least one Heart healthy entrée daily as indicated by the *</p> <p>Please Note” *Calories are Provided next to Menu items</p>